

# Perseverance

You look as though you are really enjoying that.

Everyone finds learning difficult at times.

We can do it!

I can't do it yet but I can learn how to....

What happened when you got stuck before?

What did you do to work it out last time?

That's great! You were stuck and now you are not. I wonder what you did to move it on.

I'm not really sure about how to do this. Any ideas?

It's when you get stuck that you really begin to learn.

I made a mistake here... I wonder why that might be?

Take a break from it and come back to it later.

How did it feel to persist with...?

Great! You have come through that confused feeling. What helped you?

## Some language pointers!

When you use this learning muscle, you...

- Are not put off by being stuck.
- Tolerate feelings of apprehension, frustration or confusion without getting upset.
- Recognise that learning can be a struggle.
- Keep on going, despite difficulties and find ways to overcome them.

Keeping going in the face of difficulties; channelling the energy of frustration productively. Knowing what a slow and uncertain process learning often is.

Ways that we can foster the skill of Perseverance:-

- Use real life situations as prompts to talk about the process of perseverance and how to use 'stuck' moments and mistakes as opportunities for learning.
- Ask children for ideas to help each other or the grown up in 'stuck' moments.
- Relate uncomfortable moments in learning in school to life outside school, and vice versa.
- Help children uncover the reasons behind mistakes, to develop an awareness of themselves and others and to support success.

